# Healing Supplement for Shabbat Services Vassar Temple March 27, 2020 3 Nisan 5780

## Open up our Eyes (Klepper)

Open up our eyes, teach us how to live Fill our hearts with joy and all the love You have to give Gather us in peace As You lead us to Your Name And we will know that You are One.

#### תהילים יג

א) לַמְנַצֵּחַ מִזְמׁוֹר לְדָוֶד: (ב) עַד־אָנָה יְחָנָה תִּשְׁכָּחַנִי נְצֵח עַד־אָנָה | תַּסְתִּיר אֶת־פָּנֶיךּ מִמֶּנִּי (ג) עַד־אָּנָה אָשַׁית עֵצּוֹת בְּנַפְשִׁי יָגָוֹן בִּלְבָבִי יוֹמֶّם עַד־אָנָה | יָרוּם איְבַי עָלַיִי (ד) הַבַּיטָה עַנֵנִי יְחָנָה אֱלֹהָי הָאִירָה עִינִי בְּן־אִישַׁן הַמְּנֶתוּ (ה) בָּן־יאמַר איְבַי יְכָלְתִּיו צָרַי יָגְילוּ כִּי אֶמְוֹט: (ו) וַאֲנִי | בְּחַסְדְּדָּ בָטַחְתִּי יָגַל לִבְּי בִּישׁתְּתֵּנְה אָשְׁירָה לַיחוֹה בִּי גָמֵל עַלַיִּ: בִּישׁוּעֵתָּדְ אָשִׁירָה לַיחוֹה בִּי גָמֵל עַלָיִ:

## Psalms 13

(1) For the leader. A psalm of David. (2) How long, O Eternal One; will You ignore me forever? How long will You hide Your face from me? (3) How long will I have cares on my mind, grief in my heart all day? How long will my enemy have the upper hand? (4) Look at me, answer me, O Eternal One, my God! Restore the luster to my eyes, lest I sleep the sleep of death; (5) lest my enemy say, "I have overcome him," my foes exult when I totter. (6) But I trust in Your faithfulness, my heart will exult in Your deliverance. I will sing to the Eternal, for God has been good to me.

### Don't Hide Your Face (Friedman)

Don't hide your face from me, I'm asking for your help I call to you please hear my prayer, Oh God If you could answer me, as I have called to you Please heal me now...don't hide your face from me

#### A Prayer for Medical Scientists

God of wisdom,
Bless medical scientists and researchers around the world
With insight and skill, dedication and fortitude,
As they combat coronavirus,
So that their work yields knowledge and understanding,
Speedily finding a vaccine, treatments and deterrents to its spread.
Source of life,

Grant public health and government officials

The strength to act swiftly and decisively,

With compassion and understanding,

In service to humankind,

Fighting this outbreak

And the other diseases that still plague the planet,

Diseases threatening the lives of our brothers and sisters,

Nations and communities,

Young and old.

Rock of Ages,

Bring an end to disease and suffering,

So that all may know

Your compassion and Your grace.

# בַּרוּדְ אַתַּה יִי, רוּפָא כל בַּשַר, ומַפְליא לַעֲשות

Barukh Atah Adonai, Rofeh hol basar u mafli la asot.

Praised are You God, healer of flesh, maker of wonders.

© 2020 Alden Solovy and tobendlight.com. All rights reserved.

May the One who blessed our ancestors

Bless all those who put themselves at risk to care for the sick

Physicians and nurses and orderlies

Technicians and home health aides

EMTs and pharmacists

(And bless especially )

Who navigate the unfolding dangers of the world each day,

To tend to those they have sworn to help.

Bless them in their coming home and bless them in their going out.

Ease their fear. Sustain them.

Source of all breath, healer of all beings,

Protect them and restore their hope.

Strengthen them, that they may bring strength;

Keep them in health, that they may bring healing.

Help them know again a time when they can breathe without fear.

Bless the sacred work of their hands.

May this plague pass from among us, speedily and in our days.

Rabbi Ayelet Cohen

#### El Nah R'fah Na Lah (Friedman)

And Moses cried, "Heal Miriam!

Heal Miriam this I pray.

אַל נָא רְפָא נָא לָהּ

Eil na r'fa na la

(God, heal her I pray)

### Mi Sheberach (Friedman/Setel)

מִי שֶבַּרַדְ אֲבוֹתֵינוּ מִקוֹר הַבָּרָכָה לִאִמוֹתֵינוּ

Mi shebeirach avoteinu
M'kor hab'racha l'imoteinu
May the source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing,
And let us say, Amen.

מִי שֶבֵּרַדְ אִמוֹתֵינוּ מִקוֹר הַבָּרָכָה לַאֲבוֹתֵינוּ

Mi shebeirach imoteinu
M'kor habrachah l'avoteinu
Bless those in need of healing with r'fuah sh'leimah,
The renewal of body, the renewal of spirit,
And let us say, Amen

## Olam Chesed Yibaneh (Creditor)

עוֹלָם חֶסֶד יִבְנֶה

Olam Chesed Yibaneh Olam chesed yibaneh.... yai dai dai

I will build this world from love... yai dai dai And you must build this world from love... yai dai dai And if we build this world from love... yai dai dai Then God will build this world from love... yai dai dai