



Where You Belong

# Vassar Temple Bulletin

Congregation Brethren of Israel אהלים ישראל Founded 1848 Volume 160 No. 3 October 2013

## Wanted: Members for Vassar Temple's Ways and Means Committee

Our new Ways and Means Committee has vacancies. Members of this committee will be able to utilize their ideas and talent to work on projects, including short- and long-term activities, to raise funds for essential congregational programming. These funds do not include membership dues, building fund fees, or other assessments. We believe that we can best achieve this goal by sponsoring events, activities and community programs that are relevant to our temple members and perhaps the general community. The committee will reach out to volunteers from our congregation who have a passion for a particular area (such as music events, comedy nights, or movies) or who have expertise that can help, such as musical talents, event planning and other interests.

To volunteer for this committee or learn more about these opportunities to help build the Vassar Temple community, please contact Bob Abrams by email (bobabrams1@gmail.com) or at 845-297-3649.

Your thoughts and ideas are welcome!

## Shalom on Grand: A celebration of Jewish culture

The Jewish Community Center of Dutchess County and the Hudson Valley Community Center is once again sponsoring the Shalom on Grand Festival on **Sunday, October 20<sup>th</sup>**, noon to 4pm.

The fourth annual Shalom On Grand Festival will again feature live music and activities for the whole family to enjoy. You'll also find a number of vendors selling high-quality art, jewelry, local products and produce, unique gift items, and Judaica.

## CROP Walk Sunday October 20



### Why Do We Walk?

CROP Walk, sponsored locally by the Dutchess County Interfaith Council, is a vital fundraising event. 25% of the funds raised help our local community. The primary local recipient is Dutchess Outreach, which not only operates the major area food pantry and the Lunch Box, but also offers a number of programs to fight hunger in Dutchess County. The Community Action Partnership centers which have satellites in Southern and Eastern Dutchess, as well as Beulah Baptist Church, also receive financial support for their food pantry and meal programs. The remainder of funds raised goes to combat hunger throughout the USA and globally, as well as to agricultural improvement projects and emergency disaster relief.

### How Can I Help?

Walkers may walk part of or the entire 6.3 mile route through Poughkeepsie. Ask friends and relatives in person or through the CROP Walk website to sponsor you. Start at the JCC any time between 10am and 2pm. Walk with family, friends, on your own, or with our rabbi and other temple members. There are three rest stops along the way located in area houses of worship.

If you cannot walk, please consider sponsoring Rabbi Golomb; a sign-up sheet

In addition, Shalom on Grand is hosting its first annual Chicken Soup cook-off. Winner gets \$250 plus a trophy. See the web site for a link to the application form.

For more information, please click this link:

<http://www.hvcommunitycenter.com/#!shalom-on-grand/cwfo>.

## Upcoming Events

- Oct 1 Jewish Meditation, p7
- Oct 4 Shabbat Noach and dinner, p3
- Oct 7 Adult Ed, p5
- Oct 10th Book Author speaks, p7
- Oct 19 Trivia Night, p8
- Oct 20 Tiny Temple, p3
- Oct 20 Crop Walk, p1
- Oct 20 Shalom on Grand, p1
- Oct 20 Big Read, p 5
- Oct 23 Discussion of Holocaust in Literature, p5
- Oct 24 Book Club, p8

is available near the stairs in the Temple lobby. Volunteers are also needed to work the registration table or to bake items for the bake sale. For more information about participating in the CROP Walk, please contact our Vassar Temple CROP Walk recruiter, Dave Wolf at (845) 229-8038 or at [Cropwalk@vassartemple.org](mailto:Cropwalk@vassartemple.org). To sign up for a shift to work with Marian Schwartz, registration table captain, at the JCC, e-mail [socialaction@vassartemple.org](mailto:socialaction@vassartemple.org) or call Marian at (845) 849-0025.

## Trivia Night

Challenge your mind, shop and socialize at the same time.

Trivia Night and Silent Auction is being held for Saturday, Oct 19 at the temple.

Doors open at 7pm. Childcare available by the Youth Group (at reasonable fees)

\$10 for adults. Bring your own team or we'll set you up with one.

To reserve (highly recommended) or for more info, contact [trivianight@vassartemple.org](mailto:trivianight@vassartemple.org).

## Rabbi's Message: BUILDING UP THE HOUSE



There is a classic Jewish joke which, in brief, tells about a pious Jew who decides to build a house. After consulting with his rabbi, he is directed to a passage in the Talmud and carefully

follows the instructions given in that passage. He is almost finished when the entire structure unaccountably collapses. He tries again, with the same result, and then a third time with the rabbi himself reading the instructions out loud. No luck! "Why doesn't the house remain erect?" the poor builder laments. The rabbi has been peering at the Talmudic page. "Funny," he finally says, "Rashi (the famous commentator on the text) asks the same question!"

The joke, in the last analysis, reminds us that we do not look toward Heaven for purposes of building houses. They are human artifacts that must literally be erected from the bottom up. [*An aside: As I write this column, there is an article in the newspaper about an effort to build a 2700 ft., 200 story skyscraper in China. The building is going to be mostly residential apartments. In ancient times, the world's tallest structures were tombs (the pyramids), then houses of worship (the*

*great cathedrals of Europe), then office buildings (the Empire State Building, World Trade Center, Sears Tower). Now, they are our homes.]*

A synagogue, like most other houses of worship, is supposed to be Heaven-reaching. Thus, it is not quite a house in the everyday sense of the term. Yet, I believe it is closer in purpose and design to a residence than it is to any other sort of building. Houses need to be welcoming, comfortable, familiar, and ready to accommodate all generations. They are places where celebrations are held, solace can be provided, and memories are established. Certainly some of these can happen in a school or office building – and the synagogue does contain both classrooms and offices – but all of them are the province of a home...and a Temple.

Over the next few months, I am going to devote this column to the features of the synagogue, specifically of Vassar Temple. We are used to referring to such a place as a House of Worship. I want to focus on how it is also a home.

Rabbi Paul Golomb

### TRIENNIAL CYCLE I TORAH & HAFTARAH for 5774 (2013-14)

Sept. 28	<b>B'reisheet</b> Gen. 1:1-2:3 Isaiah 42:5-43:10
Oct. 5	<b>Noah RoshHodesh</b> Gen. 6:9-8:14 Isaiah 66: 1-24
Oct. 12	<b>Lekh L'kha</b> Gen. 12:1-13:18 Isaiah 40:27-41:16
Oct. 19	<b>Vayera</b> Gen. 18:1-18:33 II Kings 4:1-37
Oct. 26	<b>Hayei Sarah</b> Gen. 23:1-24:9 I Kings 1:1-31
Nov. 2	<b>Tol'dot</b> Gen. 25:19-26:22 Malakha 1:1 – 2:7
Nov. 9	<b>Vayetzei</b> Gen. 28:10-30:13 Hosea 12:13-14:10
Nov. 16	<b>Vayishlah</b> Gen. 32:4-33:20 Hosea 11:7-12:12
Nov. 23	<b>Vayeshev</b> Gen. 37:1-37:36 Amos 2:6-3:8
Nov. 30	<b>Miketz Hanukah</b> Gen. 41:1-41:52, Num. 7:30-41 Zechariah 2:14-4:7



Talk about time flying...here it is the beginning of October and we're already past the High Holy

Days! Even the Sukkah has been assembled and taken down! I hope everyone is getting into the full swing of the new programming year at Vassar Temple. (Of course, I'm writing this column at the end of August due to publication deadlines, so I certainly hope this is the case!)

If you haven't seen the new web site, I encourage you to do so. Many thanks to Joel Kelson and his team for creating a beautiful web site based on the URJ's "RJ-Web" development platform. While a few of the pages remain under construction, the majority of the web site is in great shape. If you see something that needs to be updated or you have a suggestion on how to improve the presentation of the information, please contact Joel at [jkelson1@gmail.com](mailto:jkelson1@gmail.com).

## President's Message:

October promises to be a busy month with a Shabbat Dinner on October 4<sup>th</sup> and Vassar Temple's own Trivia Night on October 19<sup>th</sup>. In addition, our new Hebrew School gets under way on October 2<sup>nd</sup>. The Adult Education series makes its debut with two sessions:

An Evening with Dr. Gail Albert, psychologist and author of *Mending the Heart, Tending the Soul: Directions to the Garden Within* on Thursday evening, Oct. 10 at 7:00, and

The Holocaust in Literature with Dr. Joshua Kotzin, Director of Jewish Studies at Marist College, in conjunction with the Poughkeepsie Library's Big Read of Cynthia Ozick's, *The Shawl*, on Wednesday evening, Oct. 23 at 7:00.

This is just the beginning of a great year, 5774. Please join us for stimulating services, education classes, and activities throughout the coming year. We look forward to your participation.

## Busy August

Who said August is usually a slow month? Well, not at Vassar Temple!

Hopefully by now you have seen the beautifully painted sidewalk leading from the street to the temple building. In addition, the Religious School office and Classroom 5 were repainted and carpet was replaced. I'd like to extend my thanks to the Men's Club members who helped with these projects. A big thank you goes to Bob Ritter for spearheading the sidewalk and painting projects. Thanks also to Perla Kaufman for coordinating carpet selections and to Mark & Elaine Plansky (owners of Heritage Carpet) for donating carpeting for the rooms. In addition, thank you to Howard Brown, Joe Carbo, Tom Frankel, Alan Kflowitz, Joel Kelson, Matt Mahlke, Eric Rosenfeld, Chuck Stein and Dave Wolf for all the work they did on these projects.

Bob Abrams

Bob Abrams

## October Worship

- Oct. 4 *Shabbat with the Animals*. 6:15 Dinner; 7:30 Service with Rabbi Golomb & Elisa Dugatkin, and guest speaker, Neil Abramson
- Oct. 5 9am Torah Study; 10:15 New Paths Service
- Oct. 11 7:30pm Evening Service with Rabbi Golomb
- Oct. 12 9am Torah Study
- Oct. 18 7:30pm Evening Service and Torah reading with Rabbi Golomb & Elisa Dugatkin
- Oct. 19 9am Torah Study; 10:15 New Paths Service
- Oct. 25 7:30pm Evening Service with Rabbi Golomb
- Oct. 26 9am Torah Study

## Scriptural Readings

October 4<sup>th</sup> & 5<sup>th</sup> *Noah (Rosh Hodesh)*  
Gen. 6:9 - 8:14  
Haftarah: Isaiah 66: 1-24

October 11<sup>th</sup> & 12<sup>th</sup> *Lekh L'kha*  
Gen. 12:1 - 13:18  
Haftarah: Isaiah 40:27 - 41:16

October 18<sup>th</sup> & 19<sup>th</sup> *Vayera*  
Gen. 18:1 - 18:33  
Haftarah: II Kings 4:1 - 37

October 25<sup>th</sup> & 26<sup>th</sup> *Hayei Sarah*  
Gen. 23:1 - 24:9  
Haftarah: I Kings 1:1 - 31



## Pet Shabbat and Family Dinner

Shabbat Noach, the Shabbat when we read about Noah's ark in the Torah, is a special time to appreciate our animal friends. In honor of Shabbat Noach, the congregation is invited to a special family friendly service on Friday, October 4 at 7:30pm. Special guest, author, attorney, animal rights proponent, Neil Abramson, will speak about "Why Animals Matter: A Jewish Perspective". During the oneg shabbat in the social hall, everyone will have the opportunity to meet some wonderful therapy pets and their owners. Neil Abramson's touching novel *Unsaid* is available for purchase at the Temple on Sunday mornings prior to October 4.

## Family Dinner

There will be a family dinner, sponsored by the Vassar Temple Sisterhood, on Friday, October 4th at 6:15 p.m. In celebration of Shabbat Noach, we will serve a dairy dinner to include vegetarian antipasto, eggplant rollatini, and meatless ziti. The price is \$10.00 per person, \$5.00 for children ages 5 - 12 and includes dinner, salad, challah and drinks. Children under age 5 eat free. Please RSVP no later than Monday, September 30 so we can be sure to order enough food. To RSVP contact Wendy Marcus at (845) 226-2502 or [Masinc223@aol.com](mailto:Masinc223@aol.com).

## New Paths Service October 5 and 19

Join us for a new Shabbat morning experience at the New Paths service Saturday, October 5 and Saturday, October 19 at 10 a.m. in the intimacy of the East Chapel. We take our time reading and discussing both traditional and nontraditional prayers and readings, and a brief informal kiddush follows. To learn more contact Rabbi Golomb at 454-2570 or Marian Schwartz at [mschwa9882@aol.com](mailto:mschwa9882@aol.com).

## Tiny Temple

Tiny Temple resumes on Sunday, October 20<sup>th</sup> from 11:00 am - noon as children will explore "Through the Year on the Jewish Calendar" with crafts, stories, a healthy snack and other fun activities in a relaxed and friendly setting. Adults will have an opportunity to meet others raising young Jewish children.



To be placed on the Tiny Temple mailing list, for more information, or to assist in planning, contact Laura Brundage, [tinytemple@vassartemple.org](mailto:tinytemple@vassartemple.org),

Tiny Temple, a monthly program administered by the Vassar Temple Sisterhood, allows infants through pre-schoolers to become familiar with the Temple, the Rabbi, and the Jewish holidays while giving their parents the opportunity to meet and socialize with other young Jewish families. Tiny Temple events are always free and open to all regardless of temple affiliation.



## Mazel Tov

to...

Eleanor Charwat on being selected as this year's recipient of the Adriance Honors Award from the Friends of the Poughkeepsie Public Library District.

to...

Paul and Andrea Ciminello on the marriage of their daughter, Dr. Lauren Ciminell, to Dr. James Jen

to...

Bob and Marianne Abrams on the engagement of their daughter, Jennifer, to Benjamin Sprattler.

to...

Art Groten on receiving a prestigious award on August 9<sup>th</sup>, at the annual convention of the American Philatelic Society (stamp collectors) in Milwaukee. The Luff Award for Distinguished Philatelic Research was presented to our long-time member and former chair of our Library Committee, Art Groten. He has served as president of three APS affiliates – the Ephemera (paper items) Society of America, the Poster Stamp Collectors Club, and the Postal Label Study Group – and is a life member of the APS and the Society of Israel Philatelists and a Fellow of the Royal Philatelic Society, London.

Art has done a great deal of original research, especially in the area of Palestine and Israel. He published the first monograph on the postmarks of Mandate Tel Aviv and the first study of the internal and external rates of Mandate Palestine. Using primary source material, his study

## Men's Club at Work



*Painting one of the temple classrooms*



*Isn't that a beautiful walkway!! Showing immense pride in their achievement*

of routes to, from, and through Palestine resulted in the first non-classical Palestine exhibit to win a Grand award in national competition. He shared a summary of this fascinating information with his fellow congregants after a Shabbat morning service at temple last year.

The prestigious Luff Award was one of many honors Art has earned for his writing and exhibits in the fields of philately and ephemera, hobbies which have enriched his life and increased the knowledge and understanding of the many people with whom he has shared the results of his research.

## In Remembrance

It is with great sadness and deep regret that we have learned of the death of

Joseph W. Sparks,  
brother of Mary Solomon on September 3<sup>rd</sup> 2013.

Funeral Services will be held in Timber Lake, New York  
There will be no Shiva  
Sincere sympathy is extended to Mary and her family on behalf of the entire congregation.

Zichrono Livrachah, May His Memory Be A Blessing.

Vassar Temple and the Board of Trustees

## We Need Your Help!

It's awful to be the last to know that someone has been hospitalized, needs a visit or needs some other kind of help.



We are, once again, asking that you be the eyes and ears in the lives of our congregational family. Federal patient privacy regulations limit the information that hospitals make available to clergy and volunteers.

We are encouraging you to contact the temple office when a congregant is admitted to a hospital and wishes to have Rabbi visit during the hospital stay. Our goal is to meet the needs of all our congregants and we can only do this with your help.



**When you shop for food to feed your family – Don't forget to use SCRIP [gift cards]!**

**Vassar Temple sells cards that can be used at Adams and other local grocery stores.**

**Please use SCRIP when you shop!**

**Contact the SCRIP Coordinator for more information:  
Sandra Mamis at [scrip@vassartemple.org](mailto:scrip@vassartemple.org) or 914-456-3524**

**Vassar Temple Bulletin**, published monthly  
Publisher: Marianne Abrams  
Editors: Melissa Erlebacher  
and Sue Lesser  
Technical Support: Bob Abrams

Articles for the November bulletin must be submitted to the Temple office by Oct.2 Sorry, we cannot take Bulletin articles over the phone! Articles may be sent to the temple via e-mail at [office@vassartemple.org](mailto:office@vassartemple.org) or faxed to (845)452-5161.

The editors reserve the right to edit articles for style, accuracy and length.





Sometimes the opposite of the right answer is another right answer. It's counter-intuitive, but it's true. And I think it's important.

Noble Prize-winning economist

Thomas Schelling gives us a helpful example. Tying together sports and animal science the way only he can, he starts by quoting the first paragraph of a book by Leonard Koppett about baseball, "Fear." That's the whole paragraph, and it's a good one. Then on the theme of fear, Schelling reminds us that dogs can actually smell fear, and their reaction to fear is aggression. This means that it makes perfect sense to be afraid of dogs. At least, it's the experience of someone who's afraid of dogs that there's every reason to be afraid of them.

But the catch is that people who aren't afraid of dogs find that it makes just as good sense not to be afraid of dogs. That is, it's the experience of someone who's not afraid of dogs that there's no reason to be afraid of them.

Two people, two different answers to the same question; both of them rational. But just because they're both right

doesn't mean that they are both just as good.

Precisely because they are both right, we have a choice --- in this case a choice between living in justified fear or justifiably living free of fear. It seems to me that the better path in this case is the one without fear and without dog bites.

But I can only imagine how hard it would be to convince someone who's already been bitten a few times. In fact, if such a person and I tried to find the fearless path together without the proper preamble, the fearful person would join me, express entirely rational fear, cause the dog to get aggressive, and then the dog, seeing me as the easier target, would attack me.

The fearful person would leave vindicated (if unscathed). But my perception would be that the fearful person ruined my previously good relationship with dogs. We would never see eye to eye and might never understand why the other one can't grasp our own eminently sensible and correct position.

The truth is, I don't know if dogs actually do smell fear. (Schelling's other example is bomb diffusion officers, whose fingers tremble if they think the task is

dangerous; but the task is only dangerous if their fingers tremble.) I only bring it up because there are lots of right ways to run a school or a classroom, with various combinations of freedom, constraint, trust, skepticism, praise, discouragement, encouragement, holiness, and banality. Just for example, in an environment based on distrust, teachers will quickly find that they are right not to trust their students. But teachers who trust their students are just as right to do so.

The more general point is that it might be helpful, the next time we think we know that other people are wrong, to ask if maybe all we really know is that we are right. Because if so, maybe they're right, too.

Finally, returning to the dogs and the lessons we learn from them, a question presents itself: Which one do we want to be: the one who spreads fear or the one who spreads calm?

We get to choose.

Dr. Joel M. Hoffman

**The diverse array of Big Read activities and events runs from October 20 – November 17, are open to the public and most are FREE.**

### Public Library Big Read Holocaust Program

The Poughkeepsie Public Library District's (PPLD) 2013 *Big Read* program, sponsored by a prestigious NEA grant, will be focused on *The Shawl*, a gripping Holocaust novella by Cynthia Ozick. Local libraries have many copies for loan.

Events include presentations by several Holocaust survivors, including a former "hidden child," A Kristallnacht commemorative and "Voices of Terezin," a moving, multi-media music performance. Be sure to check the master schedule in the upcoming PPLD *Rotunda* publication, on the website (<http://poklib.org/>), or call Sue Lesser (845-473-4146) for more information.

### Fall Rummage Sale - 11-3-13

Vassar Temple Sisterhood is accepting items for their upcoming fall rummage sale. Tax receipts are available for those who donate items. Fall/winter clothing, household items, toys, books and jewelry are bestsellers. Please only donate items that are appropriate for the season, clean and in good, new or gently used condition. **We cannot accept textbooks, computers, or TVs.** You may drop off items in the social hall Sunday October 27 between 9am-noon, from Monday, October 28 through Friday, November 1 between 9:0am and 3:00pm, on Wednesday, October 30 between 4:30pm and 8:30pm, or by appointment. When you bring your items to the social hall, please make sure you leave the area in front of the stage clear.

The Rummage Sale is Sunday, November 3 from 9:30am to 12:30pm, followed by a bag sale from 2:00 to 5:00pm. We need volunteers to help set up the week before and to work at the sale. We always have a lot of fun setting up and working

the rummage sale, and it is a great way to make new friends. Teen helpers receive community service credit. This semi-annual sale is a major Sisterhood project that brings in funds from the community to help finance improvements to our Temple facilities and programming. For further information or to volunteer, please contact Roni Stein at 223-5804 or [roniagt99@aol.com](mailto:roniagt99@aol.com).

### Adult Education: The Holocaust in Literature

Dr. Joshua Kotzin, Director of Jewish Studies at Marist College, in conjunction with the Poughkeepsie Library's Big Read of Cynthia Ozick's *The Shawl*, will present a discussion about the Holocaust in Literature on Wednesday, October 23 at 7:00pm.

## Inspiring Selichot Program Includes Award Presentation, Two Speeches



When Rabbi Golomb presented the Rabbi Stephen Arnold Award for contributions to the religious life of our congregation to the Samson family on Saturday evening, August 31<sup>st</sup>, he observed that Nancy, Dave, Adam, and Max have been spearheading many projects over the years which mobilize our congregation to help people dealing with food insecurity. He pointed out that such work on behalf of social justice is an important part of the religious life of our members. (Although Adam Samson was away at college, Rabbi Golomb recalled that Adam had enriched our services for many years by playing the recorder.)

Rabbi Arnold had sent congratulations from his home in Massachusetts, observ-

ing that what the Samson family does is an example of Torah in action and applauding the fact that young families who joined the congregation after Rabbi Arnold had moved away are continuing the sacred work that has always been a hallmark of Vassar Temple. After accepting the award with appreciation, Nancy noted that food is always best when it is shared.

After a Havdalah ceremony and before the red Torah covers were exchanged for white ones in preparation for the Days of Awe, Dr. Barbara Payne Chernack and Sanford Metlis each spoke briefly but movingly of one of the values which form the basis of their lives. Barbara, a pediatrician, stressed the importance of immunizations for all children and the inspiration passed on by her late mother. Sandy talked about the real meaning of the word “love” as he learned it while dealing with a series of health issues, receiving support from Rabbi Golomb and other temple members and true love from his wife Beverly.



*Dr. Barbara Payne Chernack*



*Sanford Metlis*

## LUNCH BOX

Over the Labor Day holiday weekend, Vassar Temple provided a hearty meal of chili, rice, chips and salad at the Lunch Box. Captains Stan and Wendy Marcus would like to thank everyone who helped make the day a success. Our preparers and servers: Roni and Chuck Stein, Eric and Judy Rosenfeld, Michelle Brenner, Jenny Krevolin, Marian Schwartz, Perla Kaufman, and Stan, Wendy and Rachel Marcus. Our food donors: Susan Hecht, Jen Dahnert, Shaari Roland, Fern Wolf, Mary and Bobby Ritter, Michele Brenner, Janet Greenman, Robin Peritz, Perla Kaufman, Doi Cohen, Marian Schwartz, Laura Brundage, Roni Stein, Muriel Lampell,

Nancy Sampson, Melissa Erlebacher, Stan and Wendy Marcus, Eric and Judy Rosenfeld. Our generous cash donors: Cathy Bokor, Sandra Mamis, Tom Frankel, Linda Lant. We apologize if we missed anyone!

If you would like to help on Sunday, October 6, or if you can donate 3 pounds of all beef hot dogs or 1 dozen or more pieces fresh fruit or bananas (food may be dropped off at the temple prior to the date), please contact [socialaction@vassar temple.org](mailto:socialaction@vassar temple.org). We always appreciate extra helping hands! If you cannot volunteer or donate food, monetary donations in any amount made out to Vassar Temple with “Community Tzedakah Fund” on the memo line are also welcome.



## Jewish Meditation Group

The Jewish Meditation Group will meet on Tuesday evenings Oct. 1, Nov. 5, and Dec. 3 from 7:30-8:30 pm at Vassar Temple under the leadership of Linda Cantor (Vassar Temple) and Ed Rosenberg (Temple Beth El). At each session there will be a sitting meditation, a walking meditation, either chanting or a short reading, plus time set aside for questions and sharing. Both beginners and those experienced in the practice of meditation are welcome. There is no charge to participate but donations to the temple are appreciated. Synagogue affiliation is not required. Please RSVP to the temple office at [\(845\) 454-2570](tel:845-454-2570) or [office@vassartemple.org](mailto:office@vassartemple.org) if you plan to attend any or all of the sessions.

## JWV October Meeting

Jewish War Veterans Post 625 will hold its monthly meeting on Sunday, October 6 at 9:30 am at Congregation Shomre Israel on Park Avenue in Poughkeepsie. Veterans of all branches of the regular service, the Reserves, or the National Guard, whether they served in wartime or during peaceful times, are invited to come to the meeting and to join the Post. As Shomre Israel is strictly kosher, please do not bring in outside food. For questions contact Ralph Schwartz at 845-849-0025 or via email at [Rschwa9881@aol.com](mailto:Rschwa9881@aol.com).

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### *Mending the Heart, Tending the Soul* Author to Speak on October 10

Ancient Jewish tradition says that much of the Torah's deepest wisdom lies hidden beneath the surface text. National Book Award Finalist and Book-of-the-Month Club author Dr. Gail Albert offers detailed and practical guidance for bringing this wisdom into our daily lives in her book, *Mending the Heart, Tending the Soul: Directions to the Garden Within*, which she will discuss at Vassar Temple Thursday evening October 10th at 7:30pm. The community is warmly invited and there is no charge to attend.

Looking beneath the surface story of Genesis through Deuteronomy, Albert explores a continuous narrative

that maps the progress of the individual spiritual journey toward the inner Promised Land. Alongside the reader every step of the way, she speaks to both mind and heart as she provides an interpretation and contemplative meditation for each week's Torah portion. *Mending the Heart, Tending the Soul* traces a path of psychological and spiritual growth that addresses questions we all have: How can I cope with the unpredictability of life, and with disappointment and loss? How can I be happier, less self-critical? How can I be more loving? Is there a larger meaning to my life? It is a guide for all of us who yearn to replace anxiety, harsh judgment,

and loneliness with calm, compassion, and connection to the mystery that we call God.

Gail Albert, PhD, is a psychologist in private practice, an Assistant Professor of clinical psychiatry at Mt. Sinai Medical Center in NYC, and an acclaimed author. A certified teacher of Jewish meditation and mystical practice, she has taught contemplative meditation on the Torah at the Woodstock Jewish Congregation since 2004.



*Jen Dahnert and Debbie Golomb at Taschlich*



*Children observing the proceedings from a good vantage point*

## Book Club to Discuss *A Thousand Splendid Suns* on October 24<sup>th</sup>



Vassar Temple Sisterhood's Book Club will discuss the second novel written by Khaled Hosseini, bestselling author of *The Kite Runner*, on Thursday, October 24<sup>th</sup> at 2:00 p.m. in the Community Room of Collegeview Tower, 141 Fulton Ave., Poughkeepsie. A chronicle of forty years of Afghan history and a deeply moving story of family, friendship, and the power of love, *A Thousand Splendid Suns* is propelled by the same superb instinct for storytelling that made *The Kite Runner* so popular.

This haunting novel focuses on two women, born a generation apart with very different backgrounds and values, who are brought together by war, loss, and chance. As they endure the escalating dangers around them – in their home as well as in the streets of Kabul – they form a bond which alters the course of their own lives and those of the next generation.

*A Thousand Splendid Suns* is available in paperback and through the local library system. Elaine Lipschutz will lead the discussion, to which everyone is welcome. To RSVP or get more information, contact Doi Cohen at 462-6193 or [dcohen1230@gmail.com](mailto:dcohen1230@gmail.com).

## DCIC POVERTY FORUM

The Dutchess County Interfaith Council (DCIC) is hosting a forum to build our awareness of community needs and consider advocacy routes and to enable us all to stand in solidarity and address the root causes of poverty. The focus will be on local hunger. How bad is it? Why does it exist? What more can be done about it?

Attend the DCIC Poverty Forum to learn more on Thursday October 10 at 6:30pm in Beulah Baptist Church, 92 Catharine Street, Poughkeepsie. For more information about this important program, visit [dutchesscountyinterfaith.org](http://dutchesscountyinterfaith.org).

## Important dates from the Board of Elections:

### October 11

**Mail Registration:** Applications must be postmarked no later than October 11 and received by a Board of Elections not later than October 16 to be eligible to vote in the general election.

**In person Registration:** To be eligible to vote in the November general election, your application must be received no later than October 11 except if you have been honorably discharged from the military or have become a naturalized citizen since October 11, you may register in person at the Board of Elections up until October 25.

**November 4:** Last day to apply in person for an absentee ballot. All absentee ballots must be postmarked by November 4.

**November 5<sup>th</sup>: GENERAL ELECTION - Polls are open 6am - 9pm.**

For more information, please go to <http://dutchesselections.com>

## Opportunity for Adults and Teens to Make a Difference

Help with a Mothers Group that will provide preventive healthcare information, parenting tips, and socialization opportunities for new moms. Help with set up and hospitality, assist with child care, or provide healthy snacks. Volunteer once a month (or more). The group will meet weekly on Wednesdays from 6-8 p.m. in St. Paul's Episcopal Church, Poughkeepsie starting this month. We will collaborate with AAUW, interfaith and community partners on this project. Please contact Kay Bishop, a member of our Social Action Committee at [kaybishop@gmail.com](mailto:kaybishop@gmail.com) for further information or to volunteer.

## TRIVIA NITE AND AUCTION OCT. 19

Come enjoy a fun evening at Vassar Temple's Trivia Night and Silent Auction.

- Saturday, October 19
- Doors open at 7:00 pm; Trivia Competition begins at 7:30
- \$20 pp admission
- Babysitting available
- Refreshments provided; BYOB

Trivia Competition Master of Ceremonies, Lou Lewis, will pose questions covering a wide variety of categories including, but not limited to: science, history, personalities and sports. Pre-registration is encouraged. You may register as an individual or as teams of up to six people. If you do not have a team, we'll pair you up with one.

Doors open at 7:00 pm so you can browse items at the Silent Auction and place bids before the Trivia Competition begins at 7:30. Items up for bid include: food baskets, gift certificates, jewelry and more, with no item to exceed \$50.

Those bringing children will also want to arrive early to get them settled in with our Youth Group babysitters who will provide child care at the following rates: \$10 for the first child, \$5 per additional sibling.

For more information or to sign up for this fun event contact [trivia@vassartemple.org](mailto:trivia@vassartemple.org) or call the temple office at 454-2570.



# Contributions

## SUSTAINING FUND

### In Memory Of:

Dr. Alan Apfel Irmgard Apfel  
 Dr. Harry Barbash Bill & Sue Barbash  
 Richard Cohen Doi Cohen  
 Nettie Jacobs Irma Jacobs  
 Saul A. Lazarus  
 Marjorie & Laurence Lazarus  
 Hillard Mann  
 Barbara & Alan Lemberger  
 Sheila Mardon Sukert  
 Kent & Kathy Mardon  
 Max Matlin Lila Matlin  
 Jeanne Payne  
 Dave, Fern, Jen & Ilana Wolf  
 Beatrice Plansky  
 Mark & Elaine Palansky  
 Sara G. Rice Irma Jacobs  
 Lee Scheartz  
 Steve, Shelly, Samantha & Stefanie Turk  
 Irving Schwartz  
 Steve, Shelly, Samantha & Stefanie Turk  
 Morris Silverman  
 Marjorie Lazarus  
 F.C. Tuckerman Doi Cohen

### In Honor of:

Richard & Linda Cantor's 50th Anniversary  
 Lila Matlin  
 Their many years of service:  
 Richard and Marsha Lowry  
 Sandy & Jerry Goldberg  
 Leonard Nectow  
 Mr. & Mrs. David Kaufman

### Birthday wishes for:

Steve & Linda Lant Steve Turk

### In Appreciation

Vassar Temple  
 James S. Ettenson & Judith A. Kleiner  
 Muriel K. Ettenson Trust  
 Vassar Temple  
 Mark & Kathleen Metzger  
 Vassar Temple Lois Mendel  
 Vassar Temple  
 Alan & Barbarina Schwartz

### Get Well Wishes:

Lila Matlin Bill & Barbara Barbash

### Lipschutz Fund:

David Clearfield  
 Robert H. Lipschutz  
 Elaine C. Lipschutz

### Hineni Fund:

In Honor of Seth Erlebacher  
 Jane LaLone

### Seth Erlebacher Religious School:

Robert & Judith Creedon  
 Grandmother's Fund:  
 Paul Kraut Nina Kraut



## Yahrzeits

### OCTOBER 4

Jessie Barker  
 Alfred J. Bogad  
 Sadie Gross  
 Fannie Levy  
 Michael Oremus  
 Bessie Rabin  
 Haim Ribbi  
 Robin Rayfield  
 Dr. Ely Rosenthal  
 Robert Sachs  
 Helen Shapiro  
 Joy Sumner  
 Thomas Weisman  
 Hymy Worona

### OCTOBER 11

Bernat Ackerman  
 Lucilla Albinder  
 Margaret Ciminello  
 Susan Doppelt Pearlman  
 Milton Entner  
 Judith Faria  
 Bonnie Gordon  
 Ira Greenberg  
 Lillian Greenman  
 Minnie Israel  
 Norman Kramer  
 Ida S. Miller  
 Marion Miller  
 Aaron Parish  
 Arthur Peritz  
 Harry Plotkin  
 Aleeyah Yankajtis  
 Sansola  
 Joseph Sparks  
 J. Ralph Stein

### OCTOBER 18

Morris Bronfeld  
 Jean W. Dampf  
 Morris Fertig  
 Arthur Fink  
 Charles Finnerman  
 Ida Goldberg  
 Dr. Lawrence Gould  
 Gertrude Hines  
 Groten  
 Sidney Horowitz  
 Dr. Barry G. Jordan  
 Maz Eli Kosstrin  
 Dr. William J.  
 Lazarus  
 Lisa Lemberger  
 Amor Levy  
 Evelyn Locke  
 Ruth Muraskin  
 Carl Nicholson  
 Albert Plotkin  
 Harold Posner  
 Dr. Martin Rabin  
 Jean Strauss

### OCTOBER 25

Henry Cantor  
 Mollie Daniels  
 Leo Feinstein  
 Sidney Goldberg  
 Tamar Grand  
 Murray Gutnick  
 Jacob Haber  
 Bernard Himelstein  
 Claryce Jordan  
 Howard Kapner  
 Joshua Russell  
 Karp  
 Herman Katz  
 Leo Klausner  
 Charlotte Konick  
 Sidney Locke  
 Susan Salit Lowe  
 Rose Maisel  
 Monroe Robbins  
 Lenore Schiffman

Samuel Scope  
 Murray Sigalow  
 Lawrence Slate  
 Ethel Solomon  
 George Tofel  
 Gertrude F. Troeger  
 Sophia S. Wolfson  
 Mark Zatzkis

# Vassar Temple Bulletin

140 Hooker Avenue  
 Poughkeepsie, N.Y. 12601  
 845-454-2570  
 www.vassar temple.org



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## RETURN SERVICE REQUESTED

<b>Rabbi:</b>	Paul Golomb
<b>Rabbi Emeritus:</b>	Stephen A. Arnold
<b>Religious School Director:</b>	Dr. Joel M. Hoffman
<b>Cantorial Soloist:</b>	Elisa Dugatkin
<b>Organist:</b>	Joseph Bertolozzi
<b>President:</b>	Robert Abrams
<b>1st Vice President:</b>	Bob Ritter
<b>2nd Vice President:</b>	Marge Groten
<b>Secretary:</b>	Jeff Brenner
<b>Treasurer:</b>	Brian Silverman
<b>Sisterhood Co-Presidents:</b>	Carolyn Frankel & Jennifer Dahnert
<b>Men's Club Co-Presidents:</b>	Jeff Brenner & Dave Wolf
<b>Immediate Past President:</b>	Sandra Mamis
<b>Youth Group President:</b>	Rachel Marcus



## October 2013 Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 7:30pm Meditation	2 4:30pm Hebrew School 6:30pm Religious School	3 11:30am Talmud	4 Can Jam Week-end 6:15pm Shabbat Dinner 7:30pm Shabbat Noach	5 9am Torah Study 10 am New Paths
6 9am Religious School 11:30 Lunch Box	7 7:15 Ritual committee	8 9:30am Sisterhood Board mtg.	9 4:30pm Hebrew School 6:30pm Religious School	10 11:30am Talmud 7:30p VTS Book Talk with Gail Albert	11 7:30 Shabbat Service	12 9am Torah Study
13 No Religious School	14 Columbus Day 7p Exec Committee mtg	15	16 4:30pm Hebrew School 6:30pm Religious School	17 11:30am Talmud	18 7:30 Shabbat Service	19 9am Torah Study 10 am New Paths Trivia Night
20 CROP WALK 9am Religious School 11am Tiny Temple	21	22 6pm VTS opening dinner	23 4:30pm Hebrew School 6:30pm Religious School	24 11:30am Talmud 2pm VTS Book Club	25 7:30 Shabbat Service	26 9am Torah Study
27 9am Religious School Rummage Setup starts	28 7pm Temple Board meeting	29	30 4:30pm Hebrew School 6:30pm Religious School	31 11:30am Talmud		